

IV CEX - Guide

Purpose: To gain proficiency in peripheral intravenous starts.

Direction: Students are to place a peripheral IV under the supervision of a nurse-teacher during the course of the rotation.

The following a guideline:

GENERAL APPROACH TO THE PERIPHERAL IV START

- Introduces self.
- Demonstrates skill at establishing professional patient-doctor relationship.
- Assesses patient discomfort and modifies approach to clinical context.
- Washes hands when enters room

HISTORY:

- Evaluates patient history in respect to peripheral IV start
- If appropriate, discusses with patient best sites or what to avoid

PHYSICAL EXAM

- Appreciates commonly accessible veins and focuses examination

PROCEDURE

- Puts on gloves
- Prepare equipment in an accessible and comfortable place
- Place tourniquet and palpate vein
- Clean with chlora-prep sponge for 30 seconds and let dry for 30 seconds
- Insert catheter until slightly past blood return
- Advance catheter over needle and continue to insert to hub
- Retract needle and attach extension tubing with vacutainer
- Draw appropriate blood samples
- Remove tourniquet
- Attach Saline lock and flush with normal saline
- Cover with Tegaderm and secure extension with tape
- Cleans up supplies and sharps
- Practices universal precautions throughout

Ask your nurse-teacher for feedback:

OVERALL EVALUATION (Circle one) –

- Satisfactory (>70% with little instruction)
- Needs improvement (>70% but with significant instruction)
- Unsatisfactory (<70% completed correctly)

Comments: observations of noteworthy strengths, areas for improvement, and other suggestions:

Students, please have your nurse-teacher sign below, then send to Megan Mast via email mastm@uw.edu.

I certify that medical student _____ has successfully completed training in peripheral intravenous starts.

Print name

Sign Name

Date