

Personal Statement Worksheet

Reasons for choosing this specialty:

- 1.
- 2.
- 3.

Skills you possess which are valued by your specialty:

- 1.
- 2.
- 3.

Relevant clinical and personal experiences:

- 1.
- 2.
- 3.

Personal interests and life experiences which demonstrate your values and priorities:

- 1.
- 2.
- 3.

Personal and practice goals:

- 1.
- 2.
- 3.

Training you seek in a residency program:

- 1.
- 2.
- 3.

Possible themes:

- 1.
- 2.
- 3.

Potential openers for statement:

- 1.
- 2.
- 3.

People who will edit statement:

- 1.
- 2.
- 3.